READING AND MORE FOR CHILDREN & TEENS

The Wump World

written and illustrated by Bill Peet J PICTURE BOOK P Nature can come back when given the chance.

Stories for Kids Who Want to Save the World

by Carola Benedetto & Luciana Ciliento j304.2 BEN Sixteen biographies of people who came of age fighting climate change.

The Last Straw: Kids vs. Plastics by Susan Hood illustrated by Christiane Engel j363.738 HOO Learn about the growing plastics problem and meet a few young activists speaking out for change.

Black Beach: A Community, an Oil Spill, and the Origin of Earth Day

by Shaunna and John Sith J PICTURE BOOK S Inspired by the true story of the origin of Earth Day.

Girl Warriors: How 25 Young Activists are Saving the Earth by Rachel Sarah

YA 333.7209 SAR The stories of young activists under 25 from all over the world who are demanding change.

The 21: The True Story of the Youth Who Sued the U.S. Government Over Climate Change

by Elizabeth Rusch YA 363.7387 RUS The inside story of the ongoing landmark federal climate change lawsuit, Juliana v. The United States of America.

To Change a Planet by Christina Soontornvat i363.7 SOO

This book shows the importance of caring for our planet.

TEENS! WANT TO GET INVOLVED?

Join Brighton High School's Climate Club bhsclimateclub@gmail.com Join Rochester Youth Climate Leaders <u>585rycl.org</u> Greater Rochester Environmental Community Directory rochesterenvironment.com

IDEAS FOR ANY DAY

Learn more about these ideas from the resources in these pages!

- Read an inspirational story about the Earth.
- Participate in the Drawdown Ecochallenge! Scroll down, pick a category, and choose an action to do one time or daily. <u>drawdown.ecochallenge.org</u>
- Reduce single-use plastics. (track your plastic use)
- Reduce carbon and water footprints. (calculate your footprints)
- Read Monserrate's case study "The Cloud Is Material" MIT Press (2023)
- Consider rewilding part of your lawn or design a wildlife garden.
- Compost food, leaf & yard debris together with food-soiled paper waste.
- Protect land, freshwater, coastal, and ocean ecosystems.
- Encourage regenerative agriculture and sustainable ocean farming.
- Protect biodiversity.
- Find ways to be an Earth friendly consumer.
- Consider the benefits of a plant-based diet.
- Think energy alternatives, renewable energy.
- Consume Less. Buy locally. No toxins.
- Learn to *Recycle Right!* in Monroe County. Safely dispose of pharmaceuticals at the Brighton Police Station.
- If you can't recycle it, reuse it!

Thank you to community reviewers from Rochester Youth Climate Leaders and Climate Solutions Accelerator for feedback on this resource list.



Earth Day Every Day

A Resource List of Stories, Ideas, and Community Connections



There are no passengers on spaceship earth. We are all crew. - Marshall McLuhan

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5/2024

EARTH FRIENDLY READING & MORE FOR ADULTS

The Biggest Little Farm

DVD 630 BIG Two farmers bring 200 acres of dry, neglected land back to life using regenerative farming methods such as composting and cover. Today, this California farm is teaming with wildlife and produces 100+ different products, including eggs and fruit. www.apricotlanefarms.com

Good News, Planet Earth! by Sam Bentley 363.7 BFN

Earth friendly success stories from around the world interwoven with 100 positive steps you can take today.

The Carbon Footprint of Everything

by Mike Berners-Lee 363.7387 BER Discover the carbon emission of nearly every human activity or object from a necklace to insulating an attic. An accessible, entertaining read including clear data points, summaries and charts.

Water Always Wins by Erica Gies 333.9116 GIE What does water want? "Slow water" practitioners around the world aim to collaborate with water rather than control it. Read stories about successfully adapting to climate change and healing our water bodies.

Reaeneration by Paul Hawken 363.7387 HAW Beautiful descriptions of ecosystems blended with practical solutions for healing ecological problems.

Not the End of the World: How We Can Be the First Generation to Build a Sustainable

Planet by Hannah Ritchie 338.927 RIT A data scientist identifies areas where we have made progress and outlines which environmental initiatives work, which don't, and where we need to focus our efforts.

The Ministry for the Future

by Kim Stanley Robinson

This inspiring, speculative fiction novel envisions a hopeful future where humanity has managed to overcome its challenges and survive.

FICTION ROB

Ask a BML librarian for help locating these and other resources.

The best time to plant a tree is 20 years ago. The second best time is now. - Proverb

READING & MORE FOR ADULTS CONTINUED

Do Just One Thing by Danny Seo 361.2 SEO 365 creative ways to reuse everyday objects to make a healthy, happy home and a greener world. Includes sections on supporting the natural world and strengthening communities.

Lawns Into Meadows: Growing a Regenera-

tive Landscape by Owen Wormser 635.964 WOR Turn part of your lawn into a colorful meadow ecosystem that supports pollinators and biodiversity, enriches soil health, and removes more carbon dioxide from the atmosphere.

For more info see:

Pollinator Pathway www.pollinator-pathway.org/ rethink-your-lawn and/or How to Create a Wildlife **Garden** by Christine and Mick Lavelle

MONROE COUNTY AND TOWN OF BRIGHTON

Recycling in Monroe County

monroecounty.gov/ecopark - see the videos! monroecounty.gov/des-residentialrecycling

Brighton Farmer's Market

brightonfarmersmarket.org Buy local products, visit info tables. Connect with environmental organizations and services.

Color Brighton Green

colorbriahtongreen.org

Cornell Cooperative Extension

monroe.cce.cornell.edu/master-gardeners/pollinatorfriendly-gardens

Start here to easily find guidance on gardening, composting, and earth friendly living. The Woody Plants Database helps find the right trees for any site.



Did you know? The Town of Brighton joined the Tree City USA network (Arbor Day Foundation) in 2002 and approved a Climate Action Plan in 2023.

EXPLORE ONLINE

Color Your Community Green

climateqfl.org/color-your-community-green

Scroll down, find your community, sign up for newsletters, attend educational events. These community organizations will help you find rewarding volunteer opportunities for Earth Day (and every day); leaders are ready for your questions.

Earthday.org

www.earthday.org/history

Earth Day began in 1970. Learn about its history and identify ways to "help write many more chaptersstruggles and victories—into the Earth Day book."

Rachel Carson Homestead

rachelcarsonhomestead.org/rachel-carson-legacy/ environmental-reading-list/ Rachel Carson's legacy and environmental ethic: Habitat - Harmony - Humility.

Ted Topics: Sustainability

www.ted.com/topics/sustainability

Environmental Performance Index (EPI) epi.vale.edu

Created by Yale and Columbia universities, the EPI ranks 180 countries on climate change performance, environmental health, and ecosystem vitality. It can help gauge how close countries are to established environmental policy targets.

Other examples of progress trackers and planners:

International Union for Conservation of Nature and Natural Resources (ICUN)

protectedplanet.net/en

Reforestation Planning

americanforests.org/tools-research-reports-and-guides/ reforestation-hub/

The Miyawaki Method - Trees Outside Woodland

Rapidly establish mini-forests in areas needing soil restoration and stabilization. Search YouTube for this 14minute video from the Tree Council of the UK. You might want to see it before planting a tree.